



#### **Physical Therapists**

L. Anderson Dart, PT, DPT  
Jennifer Wilkins, PT  
Ryan Hott, PT, DPT, OCS  
Jenna Justen, PT, MPT  
Jan Anderson, PT, CMT  
Whitney Pearson, PT, DPT  
Andrew Carter, PT, DPT, ATC  
Jacqueline Morris, MPT  
Joey Barredo, PT  
Jeanne-Marie Tufts, PT, DPT

#### **Occupational Therapists**

Rachel Dahlin, MOT, OTR/L  
David Hybner, OTR, ATP

### Getting Ready for Your Therapy Visit

- **Arrive 15 minutes prior to your scheduled appointment time for the initial evaluation only.**

This allows adequate time to review your quote of insurance benefits for therapy services. Please be advised that your appointment may be rescheduled if you arrive past your allotted appointment time.

- **Arrive properly dressed in athletic clothing and footwear.**

Please take advantage of our changing room and lockers that are provided for your convenience. Please wear shorts or loose fitting clothing (sweat pants, track pants, capri pants, etc.) if you are referred for your back, hip, knee, ankle or foot. Please wear a t-shirt, tank top or button down shirt if you are referred for a neck or shoulder condition. Tennis shoes are preferred.

- **Provide 24 hours' notice to cancel a scheduled appointment.**

If an appointment is not cancelled within the required time frame you will be subject to a \$25.00 cancellation fee. This fee also applies if you fail to arrive for a scheduled appointment. We ask that you call to cancel appointments during working business hours of 6:30am-8:00pm. Messages may be left on our department voicemail before or after hours by calling our direct phone number: (540) 347-2918.

### What to Expect

- **The therapy reception staff will verify your insurance benefits.**

Insurance benefits will be provided at the time of registration. As a courtesy, we will request any necessary insurance referrals or authorizations on your behalf. We encourage patients to verify insurance benefits with your carrier, as this is not a guarantee of payment. You are responsible for copayments at the time of service (if applicable).

- **Please allow 1 hour for your visits. Your first session will consist of an evaluation and treatment.**